

HHCKLA Buddhist Ching Kok Secondary School

2012-2013 English Publication

The Happy Prince

An inspiring story

I have read a book that I would like to share with all of you. The title of the book is The Happy Prince and Other Tales. The author of this book is Oscar Wilde. In this collection of stories, I like the story titled "The Happy Prince" which is also the most famous fable among all.

The two main characters in the story are the Happy Prince and a swallow. The Happy Prince is a statue which was gilded all over with thin leaves of fine gold; as for eyes, he had two bright sapphires; and he also had a large red ruby on his sword-hilt.

When The Happy Prince was alive, he was living in the palace of Sans-Souci, where sorrow is not allowed to enter. Therefore, he had never cried before. After his death, the courtiers set him up as a statue, high above the city, on a tall column. Standing up there so high, The Happy Prince can see all the ugliness and all the misery of his city.

One night, a swallow passed by and stopped at the Happy Prince. The Swallow felt sorry for the Happy Prince when he was listening to his story. The Swallow decided to stay with the Prince for a few nights to be his messenger.

The Prince asked the Swallow to help him send his great ruby from his sword, both his sapphire eyes and the fine gold off his body to the needy. Being touched by the Happy Prince, the Swallow decided not to leave the Prince, he loved him too well.

The next morning, the Town Councilors were shocked by the appearance of the shabby Prince, without any fine gold and ruby, nor the sapphires. And beside the shabby statue, there was a dead bird – the Swallow.

Although the Town Councilors decided to melt the statue and throw away the dead bird, the God sent one of his Angels to the city. At the end of the story, the God recognized the broken leaden heart of the Happy Prince and the dead bird as two most precious things in the city.

I like reading this book very much because of the Happy Prince. There was a big contrast between the Happy Prince and the Town Councilors. The Happy Prince was so kind that he sacrificed himself for his citizens; while the Town Councilors were so selfish that they had never thought of helping the needy even though they were rich. The sacrifice of the Happy Prince and the selfishness of the Town Councilors represent the kindness and the ugliness of one society respectively. I would highly recommend this inspiring story to all my friends.

■ 3B Tweety Tse Tsz Yan

The Good Ghost Guide

An Extraordinary "Ghost" Story

The book that I would like to recommend all of you to read is called "The Good Ghost Guide". The author is Jenny Alexander. The story took place at Port Perrigan where James and his family spent their vacation.

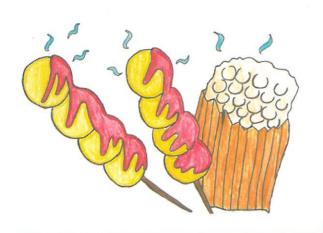
It was James' first night at the cottage. He and his sister, Alice discovered a secret door inside James' room which led to an attic room. Inside the attic room, there was only a cupboard. Curiosity made them to open the cupboard and they found a big old book. The book was black with gold lettering "The Good Ghost Guide" on the book cover. The book had a list of places around Port Perrigan where you could go and look for ghosts.

The next day, James and Alice decided to look for ghosts. They visited the first place — Mad Jack's Cavern. They saw no ghosts but the pool inside the cave was turning like a whirlpool. Alice was very scared and she decided to stop visiting the rest of the ghost list.

But James was not scared at all. He decided to visit another place – the Old Manor Inn on his own. Again, he found no ghosts. But something strange happened – there was a rush of wind which swept along the empty corridor when all the windows and doors were shut.

James went back to his cottage. He kept thinking about the two weird things that happened that afternoon. Suddenly, a pale boy appeared in his room. It was a ghost! The ghost explained everything to James. The book "Good Ghost Guide" was not a guide for people to find the ghost. It was a guide for the ghost to find someone who was not afraid of ghosts, so that they could appear to the people. And that was the reason the ghost was there talking to James, but not his sister Alice. The ghost wanted James to help him send a message to his friend Matt.

I like reading this book because of the mystery plot. The writer set the plot so well that I thought James was going to meet some terrifying ghosts. But I was wrong. "The Good Ghost Guide" was not a book for James to find the ghosts, but vice versa. And I especially like the ending of the story where James helped the ghost's friend Matt, so that Matt did not blame himself anymore because of the death of the ghost. I would highly recommend this book to you even if you are scared of reading any ghost stories because this is an extraordinary "ghost" story.



Famous Food in Hong Kong

If you ask me to introduce food to represent Hong Kong,
I would certainly recommend you to try curry fish balls
and egg puffs. Both are Hong Kong famous foods and
they are very delicious.

Curry fish balls are spicy and very bouncy. You can add different sauces to make them more delicious. For example, you can add sweet sauce, chilli sauce, ketchup, etc. They are both very common local foods in Hong Kong. Mong Kok is a good place for local food like fish balls.

Egg puffs are also a very famous snack in Hong Kong. They are cheap and tasty. They are crispy on the outside and soft inside. Making egg puffs is not easy. You cannot make them at home. But you can buy them on the street and share them with your friends.

I hope that you will like these foods that I recommend to you.

1D Eva Guo





A poem of personification

The Sun of Tomorrow

The sun smiles with me.
The tree dances in the sky.
The two birds are kissing in the sky.
The fish in the river flies.
The river is singing the song
The flower is playing the grass.

1B Lo Ka Shing

Elizabeth Cheung: The interview

We interviewed Elizabeth Cheung on 23rd March 2013. She is kind and friendly.

Elizabeth is a news reporter who works for ATV. She graduated from the Chinese University of Hong Kong with a journalism degree. She enjoys reporting the news because it is live.

She likes singing, taking care of animals and watching biographical movies. Also, she likes English. It is important to learn English in order to talk to people from other countries. She said that watching English movies and drama is a good way to learn English.

When she joined ATV as a news reporter, she thought that it would be relaxing and she would not need to be the best, however, this is not always the case. Her family supports her career as a reporter, because they think that it can provide her with more experience.

In the end, she said that if she were not a reporter, she would work for an organization helping others. She thinks that it is meaningful to help others.

3A Willy Chu Kuo Chiang



Guess what it is ...

"Have you heard of the BIZARRE creature in the woods?' Wendy asked me. "Well, I'm on an investigation. Will you join me?"

"Sounds interesting," I thought, "I'm in."

So our adventure started. I packed up my bags, a map, a hat and a net. When I left my house, I was spotted by a mailman. "Where are you going, young man?" said the mailman, waving at me.

"I'm going to the woods to check out what the bizarre creature is." I waved back.

"Oh, aren't you afraid? I've had a glimpse of it. Its eyes are as scary as a tiger's! So I fled away."

"I'm not afraid! Bye-bye!"

The mailman chased me but with his heavy bags

filled with hundreds of letters, I knew he couldn't stop me. Through some busy streets down the hill, running as fast as a cheetah, I lost sight of the postman finally. After a short while, I bumped into my neighbour.

"Where are you going?" she asked me.

"I'm looking for the bizarre creature!" I yelled as I ran.

"I've heard it can fly like an eagle!"

The lady chased me, but with her super-heeled shoes, I knew she couldn't stop me.

"Stop the boy! Stop the boy!" She yelled for help and my gym teacher spotted me.

"What! Oh! Liam! You can't go to the woods alone. I've heard the black and white creature is HUGE!" My teacher was shocked.

As soon as I finished my words, a strong wind blew my hat off and onto my gym teacher's face. Though my gym teacher was chasing me, with my hat stuck on his face, I knew he couldn't stop me.

Along paths and across the ponds, I finally saw Wendy waiting for me. Grabbing Wendy's arm, I hurried into the woods.

Wendy pointed towards a bush. Something is hiding in the shade! "No, no! Liam! It's right here!"

In the shade, I saw not just two but several big eyes, fiercely staring at me. "Wow!" It has eyes as scary as a tiger's!"

"Yea-h! Wait! what? No, these are feathers!"

The weird creature walked out from the bush. It had a little crown on its head, shiny feathers like sapphires, long legs like chopsticks, with multi-layers of feathers, transformed from green to blue, and then golden under the reflection of light. The grey feathers from the bottom layer seemed as soft as silk. Its thick tail was like a broom sweeping the grass.

My jaw almost dropped to the floor. "It.. it's just . just a.."

"PEACOCK!" Wendy helped me finish my sentence.

"Liam! Wendy!" screamed my super-crazy gym teacher. My teacher, the lady and the mailman with sweat over their foreheads finally caught me!

"Hey! This is what I've seen before?!" My teacher exaggerated.

"Yeah! It's just a peacock," we answered

My teacher shrugged his shoulders, "I've learnt not to trust my eyes again!"

The young lady, shaking her head, said, "I've learnt not to trust my ears!"

The mailman said, "I'm glad we have brave kids like Wendy and Liam to solve this mystery!"

We smiled at each other.

One weekend my mom invited us to dinner. She asked, "Have you heard about the hidden treasure in our backyard?"

Wendy and I smiled to each other.

Another REAL ADVENTURE was just beginning...



A spooky hotel in Thailand

In this summer holiday, Mary and her sister went to Thailand for travelling. The weather in Thailand at that time was hot and humid.

Once they arrived in Bangkok, they found a luxury hotel in the city centre.

'I love this hotel', said Mary, 'but it's very expensive.' She then asked, 'Shall we go to another hotel?'

Maggie frowned and replied, 'Yes, we don't have so much money and therefore we need to find a cheaper one.'

After a bus journey for an hour, they found a small and shabby hotel in the suburbs next to a graveyard. The environment of the hotel was very quiet and spooky. Both the staff and guests looked pale. The hotel room number of the girls was '666'.

Mary said, 'It is an evil, unlucky number!'.

Maggie then responded, 'Don't be so superstitious!"

As it was already very late, they left their luggage at the room immediately and had dinner at a night market near the hotel. After taking some night snacks, they decided to go back to the hotel to take a rest.

While they were sleeping, Mary heard some strange noises from the bathroom.

'Here are some strange sounds!' Mary said to herself.

She then tried to wake Maggie up.

'Maggie, wake up! Wake up!' Mary said in her weak voice.

Maggie could not listen to Mary's soft voice and so she kept on sleeping. However, as the sounds got louder and louder, Mary became very frightened.

Then the phone rang. Mary picked it up and she heard some terrible sounds. Her face was as white as a sheet and her whole body was shaking.

At that critical moment, Maggie woke up and asked, 'What's happening?'

Mary then told her what had happened.

Finally, they made a firm decision to pack their luggage and left the

When Maggie opened the bedroom's door, she saw a bloody, long-haired girl without a face standing by her. Maggie screamed and ran back to the bedroom but the ghost still followed her.

Mary asked the ghost, 'What are you doing?'

The ghost replied in a dull voice, 'You need to accompany me forever! You need to accompany me forever!'

Shortly afterwards, the ghost killed Mary and Maggie with her sharp fingers. Since then, there have been three devil souls staying in this hotel forever.

2A Kandy Au Yee Man



Hello, everyone!

I'm Cat Ng, Host of Ching Kok TV. Let me ask you a question. Have you ever thought what brings great changes in our modern life, both in leisure and learning? The answer to me is the Internet. With the advancement of technology, the Internet has become popular around the world. Let me introduce some of the advantages of using the Internet.

First of all, the Internet is an effective way to locate the information you need. When you do some difficult homework, you can search for information and ideas from websites.

Second, you can have social interaction via the Internet. The convenience of making new friends through online games, emails, blogs and instant messengers helps you a lot.

Moreover, it is easy for anyone to communicate and keep in touch via email or instant messengers. If you have some questions to ask your teachers, you can send emails. It is convenient! In the past, people did not have computers so writing letters and talking to someone on the phone were the only two ways to contact others but it took time. Nowadays, it takes only a few minutes to send an email or an instant message on the Internet.

All in all, using the Internet has been popular as it adds spice to your life. Via the Internet, people from all parts of the world can come together and get connected on social networking websites, which can be good for your learning and social interaction. To avoid Internet addiction, you should set a timetable to control your time on Internet activities, so you still have time for your study and rest.

Thank you for watching Ching Kok TV!

4A Ng To Kuen



Slimming is not that Great!

Do you think female classmates always want to lose weight? A survey in 2010 showed that 47% of the young girls wanted to lose weight, but only 29% of them were overweight.

Do you know what slimming is? It is for people who want to lose weight and some will do sports or receive treatments at beauty centers. Due to the impact of advertising, they strive for the 'thin is beautiful' idea, as they

believe the messages from the ads about slimming treatments. Then, some of them will try slimming treatments, for example, taking slimming pills, electric currents, injections of vitamins, painless dieting and infrared radiation. In fact, false and misleading claims are common in much weight-loss advertising, which are simply inconsistent with existing scientific knowledge, are common in weight-loss advertising.

Some slimming methods are incorrect, that bring many negative effects, for example, physiological stress and sickness, like malnutrition and permanent brain damage.



What's more, the constant feeling of hunger and the dissatisfaction of slimmers' own bodies may lead to emotional distress. Over-dieting may trigger eating disorders, that is, anorexia nervosa and bulimia nervosa. They are fatal!

If people want to lose weight, they can eat according to the instructions of the food pyramid and do more exercise. If they want to join a slimming course, they should consult a doctor first and read the terms of the contract carefully. Instead of being tempted by the attractive weight-loss advertisements, they should be smart enough to choose an appropriate treatment they need and be more knowledgeable about how to shop for slimming products and services. Be more skeptical of some advertisements that promise quick-fixes for slimming!

To stop the unhealthy slimming trend, the government should set up a department to oversee weight-loss advertising and put effort on nutrition education for the public from time to time. Finally, beauty centers should do a better job on delivering truthful messages in their advertising.

To sum up, the best slimming ways are doing more exercise and watching your diet.

That is what health is all about!

4B Yeung Shing Yui

Dear Editor

I am writing to express my concern about the seriousness of drug-taking among young people. I would like to explain the causes and effects of drug abuse.

Taking drugs is harmful to our health. The causes of teenage drug abuse are as follows: first, teenagers take drugs because they have family pressure. Young people seldom listen to their parents, who cannot give drug-education to them. Besides, young people don't like their families, so parents have no idea if their children take drugs. Second, teenagers take drugs because they have a lot of school pressure. They have a heavy workload of schoolwork. If they can't handle it, they will feel very unhappy that may lead to drug-taking. Third, teenagers take drugs because of their friends. Young people who have no friends feel lonely, that results in drug addiction.

Teenagers should stay away from drugs. Parents, schools and the government should do something about this. First, parents should have more communication and spend more time with their children. For example, they watch TV together, gather and go shopping on family days, etc. What's more, parents should care more about their children, for instance, talk with them to know more about their daily life and help solve their problems before they turn to drugs. Also, schools should provide some extra-curricular activities for students to reduce their boredom in life. Social workers and teachers should do more home visits so that they can understand the students and give help immediately. Lastly, the government should provide more entertainment facilities for teenagers and there should be more raids on bars and discos to stop drug-dealers from selling drugs to teenagers.

Let's work together to fight against drugs!

Yours faithfully Andy Wong

Letter to the Editor-Landfills

Dear Editor.

I am writing to express my concern about the problem of landfills in Hong Kong. I think

it is about time to pause to think about why the landfills are filled up so quickly in Hong Kong. Since Hong Kong residents produce a lot of rubbish every day, the landfills have been filled up so quickly. There are many arguments about whether we should build more landfills in Hong Kong. In this letter, I will tell you about the causes why landfills have been filled up so quickly. Then, I will talk about the effects of landfills. Finally, I will suggest how to handle the problems.

Landfills are filled up very quickly in Hong Kong. There are many causes of it. First, Hong Kong residents are not eco-friendly. They produce a lot of rubbish daily because they don't care that the landfills are going to be full. Second, Hong Kong people don't reuse or recycle the rubbish. It will make more and more rubbish in the landfills. In the end, the landfills will be full. Third, Hong Kong

residents do not reduce the plastic products when they have lunch or dinner.

There are so many negative effects of landfills. First, it will damage the environment. The rubbish in the landfills will emit greenhouse gases to the atmosphere, such as carbon dioxide, methane and sulfur dioxide. There is air pollution.

Second, it will affect our living standard. The rubbish in the landfills is smelly especially in summer. Worse still, the smell of landfills is harmful to our health.

Since there are many bad effects of landfills, we need to do something to stop it. First, people should improve their lifestyle to be more eco-friendly. For example, following the '3Rs' idea. For the academia, schools can give talks to teach students to be more eco-friendly. On the other hand, government should make more advertisements on TV to promote the good ideas to protect the environment.



To sum up, Hong Kong people need to reduce the amount of rubbish. I hope Hong Kong people can do something to protect the world.

Yours faithfully,

Chris

5B Suen Chun Wai

Influx of mainland pregnant women

Dear Editor,

I am writing to express my concern about the influx of mainland pregnant women to Hong Kong. In recent years, Hong Kong hospitals are full of pregnant women and half of them are from the Mainland!

Why are there so many mainland pregnant women want to give birth in Hong Kong? First of all, parents from mainland China think the medical system and facilities are more advanced in Hong Kong than in China. They always think that the medical equipment in China is not new enough. Also, they do not have much confidence in Chinese doctors and nurses. Different from mainland China, the Hong Kong medical system is more trustworthy.

What's more, parents from the Mainland want to get the right of abode in Hong Kong for their babies. Babies who are born in Hong Kong are all eligible to enjoy the welfare in Hong Kong, including 12 years of free education and low-cost medical services.

However, Mainland pregnant women also bring us a lot of problems. Our hospitals are already overburdened. The mainlanders coming here are exhausting

our health resources and medical professionals. Doctors and nurses work under heavy pressure because of the additional pregnant women. So there are not enough nurses to take care of all the babies.

Besides, the influx of mainland pregnant women not only endangers the lives of Hong Kong mothers-to-be, but also puts their own lives at risk. To rush into emergency wards at last minute is dangerous for pregnant women, it could take them into a life-threatening situation.

Obviously, these mainlanders are taking advantage of Hong Kong people. Hong Kong taxes are paid by Hong Kong people, but local pregnant women cannot receive proper treatment in hospital because mainland pregnant women have used our public resources. This is the main reason why Hong Kong people get angry. It is unfair.

To solve the problem, I think the government should reduce the quotas on the number of mainland pregnant women giving birth in Hong Kong. Heavily pregnant women from mainland should be banned form entering Hong Kong.

On the other hand, I think the government should consider not giving citizenship to the children whose parents are from the Mainland. Hong Kong public resources should be used by Hong Kong people first. To stop giving citizenship to children from other countries will be useful to discourage them to come.

Last but not least, the media should highlight how serious the problem is and urge the government to take action. We have to let them know that Hong Kong people need to keep the quality of social welfare.

To conclude, the influx of the mainland pregnant women has created a lot of worries to Hong Kong. The government has to act quickly before the problems become more serious.

Yours faithfully, Chris Wong

6E Ho Ching Yin

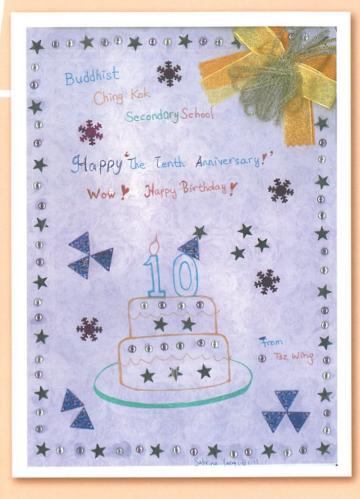


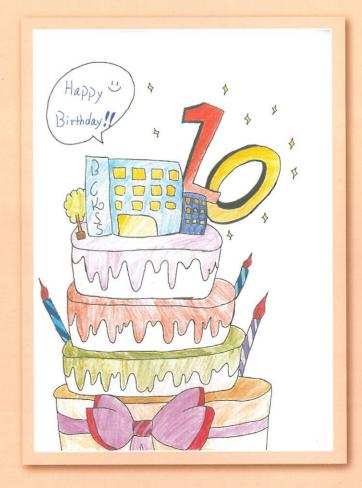




2D CALVIN KWOK







1D EVA GUO

My junior years in Ching Kok

My three years as a junior student in Ching Kok have given me a lot of memorable moments. Those moments all come from my active participation in clubs and activities such as CampusTV, disciplined services, singing contests, Chinese solo verse competition, the presentation on Lamma Island and English choral speaking. They are all meaningful learning experiences. But of the numerous activities, what are most memorable to me are the presentation in the Life-wide Learning Week and the yearly English Singing Contest.

The presentation topic for F1 students was about Lamma Island. I did this project with my team members. When we first began to prepare for the project, I often quarreled with my team members because I didn't listen to their proposals. However, my team members were quite patient and tried to persuade me to listen to their opinions. We finally had a good discussion and chose the best way to do the presentation in the project. On the presentation day, we were very nervous. But we believed in ourselves and cooperated with each other until we finished the presentation at the hall. When the judge began to announce the awards, we did not hear our group number. We soon lost our hope of winning any prizes. But at the end of the announcement, we were told we won the award for best performance! We were so happy to hear the result. Looking back, I think I learned a lot in the project. We didn't just learn a lot of knowledge, but also how to share our work and cooperate with my team members. I believe my team members learnt a lot in this rewarding experience too.

The second most memorable moment was the English Singing Contest my class joined in F2. My class chose a song called 'Love Story' because we found it very pleasant to listen to. In the singing contest, all of us sang together. Some of us even danced and played drums and the guitar. We also arranged a simple drama with the two main actors being Romeo and Juliet. One of the most special things is that our class decided to design our own class T-shirt with the slogan "We are 2A" for the competition. But preparing the singing contest was not as easy as we thought. When we first began to memorize the lyrics, we found it quite hard because it is very long. But as we began the overall practice, it became more enjoyable. We finally won the champion in the singing contest. Through this experience, we learned some more new English words. We also learned to have mutual cooperation with other classmates. This is something we can't learn just from the books.

I'm now a F3 student. I believe my fruitful learning experience can surely prepare me for the future difficulties I may have to face when I go to senior forms. I will never forget the happy moments I had in these three years. I have to say I now enjoy cooperating with my schoolmates more. This is a learning skill I treasure most.

3A Li Wai Shan

The most memorable event in BCKSS

I have studied in BCKSS for five years. There are many unforgettable events in my school life such as Sports Day. If you ask me what the most memorable event in BCKSS, I will tell you that the answer is School Open Day.

On School Open Day last year, there were a variety of activities. On one side of the playground, there were a lot of game stalls from different clubs such as English club. Before you played games you would receive a piece of paper to collect stamps. Each game had its own characteristics. For example, when you played in the English booth, you had to spell English words to win the game. When you played the game in the math booth, you had to calculate to win the game. If you could challenge all the game booths successfully, you got a gift such as a pencil. On the other side of the playground, there was a football competition of primary schools. Many students and parents were attracted by the wonderful football competition. Some people took photos and cheered for the athletes. I enjoyed the fantastic competition. They looked excited as they won the games.

School Open Day is the most memorable event in BCKSS.

5A Wong Man Pun

Happy 10th anniversary to Ching Kok

First of all, let me introduce myself. I am Serena Ko from 6A. This year is my last year studying at Ching Kok. Ching Kok has brought me wonderful memories, including light-hearted moments and unpleasant moments!

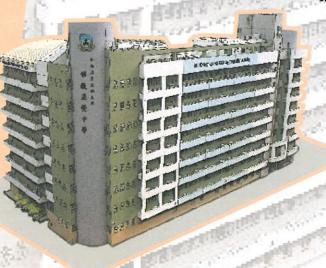
I remember that I was extremely dissatisfied with my study here when I was in S.1. One of the reasons is that Ching Kok was not my cup of tea at that time. In fact, it was my parents' decision since Ching Kok was close to my home and I could go to school easily. Another reason is that I did not have any acquaintances. I did not like this school at that time!

However, after I had studied in this school for several months, I started to change my view of Ching Kok. I thought Ching Kok was my big family. Whether they were teachers or janitors, they were nice to students. I still remember that I was very weak in Maths when I was in S.1. My Maths teacher organized a tutorial for me. Now, Maths is my favorite subject and I am one of the top students in my class.

My best moment in Ching Kok is I was chosen to be an exchange student and study in Australia during the summer time. It was my first time to study abroad. I learnt different foreign cultures, for example, the Australian food and animals. Through this tour, my English improved a lot. Thanks Ching Kok for giving me such a golden opportunity to live and learn in a western country!

Although Ching Kok is not a top school, I no longer regret studying here. What I regret most is my school life will have ended after several months. I hope all Ching Kok students enjoy every special moment in Ching Kok. Lastly, happy 10th anniversary to my big family—HHCKLA Buddhist Ching Kok Secondary School!

6A Ko I K



My shopping trip

4th March, 2013

Dear Ricky,

How are you? We haven't met for a long time. I think you can adapt to the learning environment in Canada. Shall we go shopping in Hong Kong again in this summer? Do you remember that shopping is our favourite hobby? Recently, I have found that there is a wonderful shopping centre in Hong Kong. It has become my favourite shopping centre. Let me tell you something about my recent shopping trip to this shopping centre. Maybe you would like to go with me.

This shopping centre is called Tsuen Fung Shopping Mall. It is in Tsuen Wan. It is very big with more than 230 shops. Sometimes, I go there with my mum by MTR. Normally, we go there for buying clothes. My favourite shops are those selling electronic goods and clothes. Occasionally, we go to the food court to enjoy afternoon tea.

Last Sunday, I went to Tsuen Fung Shopping Mall with my mum again. We went there by MTR and arrived by 2 o'clock. First, we went to buy some trendy clothes as summer is coming. Then, we went to the food court for the afternoon tea. Next, we went to an electronic goods shop for buying a new computer. Finally, we left Tsuen Fung Shopping Mall by 8 o'clock after taking a delicious dinner at a Japanese restaurant there.

I really had so much fun there although I spent more than \$9,000 on that day and used up all my red packet money that I had received in this Lunar New Year. I hope you can share my joy when you go shopping with me in Tsuen Fung Shopping Mall when you are back Hong Kong for vacation. Do you still go shopping every week in Canada? Which is your favourite shopping centre there? Please write me back when you have time.

Best regards

Jacky

2A Lily Sin Ling Ling



E-mail to an e-pal about "My Family"

From: myfamily@email.com

To: newepal@email.com

Date: 5th Feb, 2013 Subject: My Family

Dear Jack,

How are you doing? How is your school life in S1? I would like to tell you something about my family.

My family is always magical and with remarkable memories that can last for a lifetime. Let's begin with my father. He is a worker. However, he is not an ordinary worker. He can repair all the things you can imagine! He is so strong and hardworking that he works days and nights but he never gets tired (that's probably how he cares for our family). His diligence and casualness are always admired by me (he only wears a pair of jeans while working!).

For my mother, she is a businesswoman who is good in calculations. She takes extra care of me. Whether after a hard day of work or after cooking a delicious and elegant meal, she teaches me my worst subject — Maths every night. Moreover, I am the apple in her eyes and she is the princess in my eyes (she wears beautiful dresses every night with crystal-clear diamonds on top that shine like stars in the sky. They are so magical and wonderful.).

However, for my brother, I think he is sometimes good and sometimes bad. For the former, whenever I have questions, I can always ask him. But for the latter, we always compete for the computer, which then creates lots of quarrels.

Lastly, the two dogs you have given me have produced 8 puppies. It is hard to take care of them.

I have to go now. Please write back soon.

Love.

Chris

1A Lai Yau Chung

Advice letter

Dear Henry,

Thanks for your letter. I am glad you wrote to me about your problems on Internet addiction. We are great friends. I will try my best to help. Here are my suggestions.

First, you need to make up your mind how you are going to allocate your time properly. You can't waste too much time on the Internet. You should cut down on the time you spend there. There are lots of alternative activities you can engage in, such as doing exercise and taking up a hobby. Playing badminton is a good idea. You can ask your little sister to play with you. You should make sure that the spare time you spend every day is beneficial to your body and life.

Second, you can set a time limit for surfing the Internet. In the past, you may spend more than 3 hours at the computer. You can force yourself to use the computer for only 1 hour. As time passes, you will be able to develop a habit.

I hope you will find these suggestions useful. You are welcome to discuss the matter with me more later on.

Best wishes.

Pat

3A Hui Pui Yan